

March 2017 - Issue #04

Igniting the unlimited potential of all people

The Spark features inspirational stories of accomplishments people have achieved and the Personal Outcome Measures related to these achievements. Personal Outcome Measures are the foundation of everything Simcoe Community Services does to support people.



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I Am Possible

According to Simcoe Community Services CEO Bill Silk, "The Council on Quality and Leadership may have left, but the energy and inspiration they ignited remains".



A newly awarded term of accreditation from CQL extending to December 2020 signifies that SCS is committed to the principles of person-centred excellence. It also means our work is not finished. Accreditation in Person-centred Excellence is an ongoing process with a goal of improving the quality of life for people receiving supports and services.

It's the words of a mother of an 18 month boy supported in the Infant Development Program that will remain with Simcoe Community Services. As one group sat together talking about how people feel about our agency and what people envision for the future, the mother reflected, "I get it, this is about building a better future for my son". This comment speaks volumes and captures the importance of the whole CQL accreditation process.

Congratulations Simcoe Community Services! Thank you for embracing the Personal Outcomes Measures approach and philosophy.



Accredited b

More images from Accreditaton 2016 can be found on pages 3 and 4 of this edition of The Spark

PRESIDENT'S MESSAGE

Message from President David Barber



It's looking as if an early Spring is in the works but I always remember the old saying, "If winter in March comes in like a lamb, it will go out like a lion."

At SCS we have recently received our 4 year Accreditation from the Council on Quality and Leadership. Congratulations to all management and staff on a tremendous achievement. The Board of Directors is very proud of our SCS Team. Complimentary to our work in this regard, The Performance Measurement Framework has been under development by the Ministry of Community and Social Services (MCSS) over the past few months and has a projected completion date of April 1st, 2017.

The intention is to have a province-wide system of data collection and analysis that offers perspective on personal outcomes from region to region and community to community. The goal is to identify gaps in services and supports, whether DS related or not, that may influence the level of success in achieving personal outcomes.

The tool is not intended to be an assessment of agency program performance. The framework will be rolled out over time in consultation with stakeholders in the sector that paint a clearer picture of service system and community effectiveness in supporting individuals and families to realize desired outcomes. This, coupled with the quality improvement efforts of DS agencies, should serve to refine and bolster our services in ways that support individuals to attain goals and outcomes that matter to them and their families.

The Ministry of Community and Social Services will be providing a detailed overview of the framework at the Beyond Quality Outcomes Conference in Kingston, June 8-9.

The Federal Minister Responsible for Persons with Disabilities is currently engaged in a public consultation process which asks Canadians their views and their thoughts about the proposed Canadian with Disabilities Act also known as the Accessibility Act. The on-line questionnaire is available here and focuses on what the Government of Canada can do to raise awareness, change attitudes and take leadership in improving the circumstances of people with disabilities. It also asks about the goal of the legislation and what you think needs to be done.

Here at home, we are eagerly looking forward to the Barrie Fashion Show on Thursday April 20th, 2017. If you have not purchased your tickets, get them quickly as they sell out fast. This is a signature event that you will not want to miss, with many guest appearances.

Finally, your Board of Directors will be engaging in our Strategic Planning Session just following the Fashion Show where we will be charting a future course for SCS over the next several years. We will be sharing our results with you going forward.

David Barber President, Simcoe Community Services

ACCREDITATION 2016

I Am Possible images from Accreditation 2016





Clockwise from top left: The SCS Accreditation Ambassadors; CEO Bill Silk and Brant Mawdsley; SCS Accreditation emcee Jordan Downing; Making a great point about Accreditation is Doug Mason; Jason Snook gives Accreditation for SCS the thumbs up with (left to right) Mark Golden, Adele Hellman, Niki Chaltas, Leigh Hoppins and CQL consultant Hilary Tugwood.







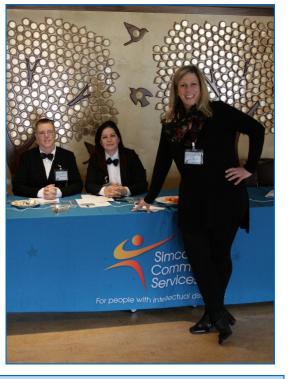


ACCREDITATION 2016

More I Am Possible images from Accreditation 2016







Clockwise from top left: Steve McEown of Rogers TV introduces the I Have a Voice documentary; Fresh FM's Tara Dawn with greeters Michelle Postill and Melina McKay; Self Advocate Council Superheroes to the Rescue by artist Brant Mawdsley; My Network presenters Barb Adamson and Kelly Erb; Taylor Abbaspour and Jordan Richards know a thing or two about igniting the unlimited potential of all people.





Big goals and small steps

Meet two and half year old twin brothers Zachary and Izaiah Zak. These two little guys have smiles that will melt away the coldest Simcoe County day. Zachary, eldest by two minutes is the sensitive one. "It's crazy how kind he is," observes Mom Stephanie Zak. "He's always watching out for his little brother to make sure Izaiah has a toy. Mind you, five minutes later, he's trying to take it away from him." Izaiah, on the other hand, is the crowd pleaser. "He's so good at reading people and doing whatever he can to make you laugh. He's just so content," says Stephanie.

Izaiah's easy going, good natured personality is hard to believe considering the challenges he and his brother faced just to get here. It was at Stephanie's 20 week ultrasound that she was told one of her twins had Fetal Akinesia, a condition characterized by decreased fetal movement. Stephanie, recalling her pregnancy, says "The doctors presented us with a lot of 'what ifs'. Would you like full resuscitation or not for one or both babies? It was a very stressful time". Once Stephanie met with a genetic counsellor and was presented with all her options, it was a no brainer. There was no doubt in her mind that she was going to wait and see what happened.

Izaiah was born with arthrogryposis multiplex congenita, a condition that limits the use of his wrists, elbows, legs and ankles. Through physiotherapy and the ongoing support of Simcoe Community Services, he's come a long way.





Above, Zachary and Izaiah show why they should be on the next cover of GQ.

(Left) For Mom Stephanie, nothing beats a messy lakeside picnic on a summer's day with her little men.

Big goals and small steps (continued)



SCS Resource Teacher Kandace Kriese admits, "Izaiah really makes my job so easy because he communicates so well and because he's so confident". Kriese's main responsibility is to bring Izaiah's clinical team together, ensuring everyone is on the same page. Communication to Stephanie is also a top priority. "We want to have a joyful and happy presence for Izaiah rather than a treatment and therapeutic presence, otherwise he's uncomfortable and in pain," adds Kriese. She and the therapists accomplish goals for Izaiah through play and appropriate activities that support his optimum development.

For the Zak family this means peace of mind. "Simcoe Community Services has been unreal" says Stephanie. "From providing information and resources, connecting us to funding, and answering all of my questions, it's so nice to have people who just know. Simcoe Community Services has just been so super accommodating."

When asked what her dream is for her two boys, Stephanie responds, "I hope they grow up to be the type of boys who are accepting and helpful of all people from all walks of life. Zachary has already learned so much from Izaiah; that you can do things differently. The biggest focus now is getting Izaiah walking. My dream is to see him one day outside running around with his brother and to be independent on his own terms. That's what we want."

Knowing big goals start with small steps, Simcoe Community Services looks forward to helping make that dream come true for Izaiah and his family.



Outcomes Children have
the best
possible health,
families are
informed, and
families choose
their goals



(Above) From his standup walker, Izaiah is all smiles with SCS Resource Teacher Kandace Kriese. (Left) It's fun in the water with Physiotherapist Assistant Patricia Ervin, while Stephanie and Izaiah share snack time and a break from the pool.

The Simcoe Community Services Resource Teacher Program is available to children and their families in Barrie, Bradford and surrounding townships who are at risk of, or are experiencing a developmental delay. Working in collaboration with the family and other professionals, Resource Teacher support can be provided in the child's home or at a preschool setting. You can find more information here on the SCS Resource Teacher program, or call 705-726-9082 ext. 2235.

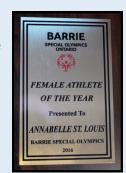
SCS ATHLETES

Simcoe Community Services Athletes Rule!



Annie St. Louis couldn't believe what she'd just heard at the Lion's Gate Banquet Centre. Was that her name just announced as the Barrie Special Olympics Female Athlete of the Year? According to Annie, "I was shocked, speechless and in tears" as she accepted honours as the top female Olympian for 2016. Annie has won numerous medals due to her prowess in 10 pin bowling. This past year alone, she increased her average by 10 points. Coach Marie Gorham however, feels she won her Athlete of

the Year honours more for how she helps her fellow Special Olympians. "Annie is a great role model and mentor to other athletes, and she always passes on what she's learned to others. Annie exhibits to us every day what life is all about," says Gorham. Congratulations Annie!



Outcome -People Realize Personal Goals



Submitted by Sarah Etling

Rebecca Semmens has always had an interest in sports and staying active. As a Special Olympics Bowling athlete for over 4 years now, Rebecca exhibits dedication and team spirit every time she picks up a bowling ball and attempts to throw a strike. Rebecca attends bowling once per week and she always looks forward to it. At the recent Special Olympics Banquet, Rebecca was recognized as the 2016

Rebecca was recognized as the 2016
Athlete of the Year for 5 Pin Bowling, and was ecstatic to hear her name called with everyone cheering and clapping for her. Her coach says that Rebecca has

outstanding bowling skills, and always has a smile on her face when she participates. It's that love of sport that will keep Rebecca bowling for years to come. Way to go Rebecca!



SCS VOLUNTEER PROFILE

SCS Volunteer Payback

Every few seconds another number with its corresponding letter booms out for all to hear and is displayed on the nearest computer screen. The anticipation builds. Any minute now there will be another jackpot winner. Graeme Thomas and Kevin DesRoches both know what's at stake. This particular Thursday afternoon, thousands of dollars will be won at the Delta Gaming and Bingo Centre in Barrie, and Graeme and Kevin are smack dab in the middle of it and the first to hear the next person shout out "BINGO"!

As Simcoe Community Services Foundation bingo volunteers, Graeme and Kevin not only provide exceptional customer service by collecting used cards and trash, helping staff with food and beverage orders, and assisting with promotions on the gaming floor, they contribute significantly to raising funds for individuals with an intellectual disability and their families. This is big time money. The Barrie Bingo Sponsors Association and Delta Gaming and Bingo Centre Barrie have contributed over \$10 million dollars to its charity members since 2005. The average amount raised per bingo shift is \$420. That's money that helps the SCS Foundation purchase accessibility equipment, bus passes, health care sessions and recreational activities.

Both Graeme and Kevin consider it their form of payback. "Simcoe Community Services has been so good to me with both Supported Independent Living and helping with job searches in the past.

(Left to right) Graeme Thomas and Kevin DesRoches on the job at another SCS Foundation Bingo. Pictured below, Kevin brings good luck to a couple of SCS bingo patrons.



It makes me feel good to give something back to a great organization like SCS," says Graeme. According to Kevin, "I realized a couple of years ago I had a special talent. This gives me the chance to show off my special talent and that's helping out and meeting new people. Volunteering for bingo is a lot of fun."

Today's big jackpot winners aren't necessarily in attendance at the Delta Gaming and Bingo Centre. With dedicated and giving volunteers like Graeme Thomas and Kevin DesRoches, the big winner is the Simcoe Community Services Foundation.

Outcome - People perform different social roles

Simcoe Community Services Foundation Bingo takes place every other Thursday afternoon from 1-3pm at the Delta Gaming and Bingo Centre. If you're interested in becoming an SCS Bingo volunteer, contact Jamie at jhall@simcoecommunityservices.ca

A Radio Station Visit to Sing About by Mallory Gutterson

While driving in the van listening to the radio, Emily Healey's curiosity about the operation of her favourite radio station 107.5 KOOL FM ignited an idea for some detective work. Emily and her Support Staff arranged for a tour to discover "How does a radio station work?" A couple of days later Emily went on a very informative and cool tour of her favorite radio station. Emily learned all about the different departments and individuals who collaborate together to present what is heard over the radio. Emily also met Leanne Page one of the radio hosts. Emily really enjoyed her tour especially her amazing photo opportunity where she clearly looks like she is ready to take over the radio! Emily encourages other curious listeners to explore and take a tour for themselves.



Outcome -People realize personal goals

Emily Healey sends out the next request in the KOOL-FM studios with midday announcer Leanne Page



A Caring and Sharing Exchange with Giant Tiger





Simcoe Community Services Job Readiness graduate Connor Knapp (far left) took time out from his Giant Tiger duties to accept a donation of clothing from Giant Tiger Cundles Road store owner Peter Hayle. People supported by Simcoe Community Services and their families will benefit greatly from this generous donation.

Thank you Giant Tiger for making a huge difference towards building a more inclusive and caring community!

Job Readiness at Camp Old Navy

The SCS Job Readiness Program prepares people for competitive employment. What happens over the course of the 25 week program is astounding. Friends are made, confidence is boosted, independence grows, and talents are shared by all. According to SCS Job Readiness Supervisor Tammy Gagne, "It's really neat to watch the growth."

Job Readiness is also about great partnerships. Through the collaboration with one of the area's biggest retail outlets, Old Navy, SCS Job Readiness participants gain valuable on the job experience and new employment skills, as well as hands on training with all aspects of work in a retail setting; stocking shelves, serving customers and using a cash register. Many of the people who participated in Camp Old Navy said "I loved it" and "I want to work at Old Navy".

Thank you Old Navy for being such an inclusive community partner.

Outcome - People choose where they work





Camp Old Navy is underway with SCS Job Readiness. Below, Old Navy mannequin creations (from left), with Ed Landry, Dylan Holowaty-Beemer, Simon Vanderburg, Craig Shipman and Natasha Beauchamp.



Lights, Camera, Action for Simcoe Community Services!

Job Readiness graduate Sam Williams was in front of the cameras at the Old Navy store at Park Place recently. Sam represented SCS to speak in support of Store Manager Paige Jones. Paige is one of a select few nominated throughout Canada for the annual Fisher Award for Store Excellence. The Fisher Award recognizes Gap Inc. employees who embody the





company's core values: innovation, integrity, community and store excellence. Simcoe Community Services is honoured to partner with Old Navy, through our annual Fashion Show and Job Readiness. We congratulate Paige with this prestigious nomination.

A Conference for Grandparents Parenting Again presented by Simcoe **Community Services**

BLOSSOM WHERE YOU ARE PLANTED:



GrandParent System Support Program

sponsorship opportunities can be found here. Or contact the Grandparent System Support Navigator at 705-726-9082 ext. 2321

Registration information and

Outcome - Families are informed

A CONFERENCE FOR GRANDPARENTS PARENTING AGAIN!

GEORGIAN COLLEGE

APRIL 7TH 2017 A full day conference for grandparents raising their grandchildren, kinship caregivers and community support professionals featuring multiple workshops & special BARRIE ON guest speakers! More information 2 registration inside!



The first 100 registrants will receive a free padfolio embossed with the Grandparent System Support Program Togol





Ernestine Baldwin

s (Elder) at the Barrie Native Friendship Centre ine will open the conference in a traditional way

CONFERENCE SPEAKERS





Myles Himmelreich Realities and Possibilities

Myles Himmelreich is a well-known motivational speaker on Fetal Alcohol Spectrum Disorder (FASD), having presented nationally and internationally for many years, sharing his experiences in living with FASD. In his work as a mentor to other youth and adults with FASD, Myles has helped them to understand and accept that we all share similar struggles and the desire to succeed. As well, working as a consultant, Myles has done a great deal of work with the media. Most recently, Myles was part of a ground-breaking study on the health and physical issues of adults with FASD. Myles' goal is to help others with FASD find their voice and to help society understand that we are greater



Attachment, Trauma, and Integration: Sensory Regulation and Caregiving Approaches to Integrate and Calm The Brain, Mind, and Body

Lori Gill, founder and lead therapist at the Attachment and Trauma Treatment Centre for Healing, is a Registered Psychotherapist, Certified Trauma Specialist (CTS), trainer, Consultant Supervisor for the National Institute for Trauma and Loss in Children (TLC), and psychology professor with 15 years of experience working with children, youth, and adults in various settings. Lori holds a Master's degree in Counselling Psychology and is a member of the Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists (OACCPP). Her diverse experience in non-profit organizations, employee assistance programs, and in private practice have provided her a wealth of skills in the areas of trauma, attachment, mental health, compassion fatigue prevention, addictions, eating disorders, wellness and education

The Importance of Play and the Ontario Early Years Centre

As a willing play partner at the Ontario Early Years Centre, grandmother Joanne Thompson follows the lead of her grandchildren Everlea and Levi. By supporting their wonder, problem solving, resourcefulness and cooperative turn taking, Joanne helps to reinforce skills that are foundations of life-long learning. As a parent, grandparent, guardian or caregiver you too can participate and enhance the dramatic play experience at the Barrie-Innisfil-Bradford Ontario Early Years Centres. More information can be found here.





Outcome - Families choose services and supports



Youth Power 2017



Workshops, activities, entertainment, guest speakers, and lifelong friends and memories will be made at the 2017 Simcoe Community Services Youth Retreat. Registration can be found here.

Outcome - Children participate in the life of the community

Guest Speakers

Talli Osborne



Talli's positivity is infectious! She has dedicated her life to opening up the eyes, minds and hearts of everyone that she meets and is passionate about the topics that she speaks on. She has shared her story at schools and clubs across the country, has been the keynote speaker at many corporate events and she even did her very first TED Talk last year. She is an inspirational speaker, a punk rocker and one of Sir Richard Branson's top 10 most inspirational people.

Josh Yandt

Josh Yandt was bullied for years; he felt invisible and unwanted. Soon after his father passed away, and Josh and his family moved to a new town. Josh decided that he wanted make a change by finding one small random act of kindness he could do over and over again. Josh shares the challenges he faced throughout his childhood and how he drew strength by overcoming obstacles, and the importance of small acts of



SCS MILESTONES





Congratulations to Jo Lovering (left), former Infant Development Supervisor who recently retired after more than 30 years with Simcoe Community Services. Celebrating the commitment and dedication of SCS Infant Development both past and present (front row from the left), former Family Support Manager Vicki Howard, Carol Duckworth, Jo Lovering, Tanya Pendlebury, and one of the founding coordinators of the SCS Infant Development Program, Shirley Addy.



The Barrie Bradford Innisfil Ontario Early Years team says goodbye to Supervisor Stephanie Rowbotham (fourth from left). After 15 years with Simcoe Community Services and the OEYC, we wish Stephanie a happy and healthy retirement!

December 2016 - February 2017 SCS Service Award Recipients



Susan Lepage - Community Support Services Barrie - 25 years
Jacquie McKnight - Continuous Quality Improvement - 25 years
Clare Zangari - Accommodations Barrie - 25 years
Patricia Kneeshaw - Preschool Services - 25 years
Dena Wilson - Operations - Information Technology - 25 years
Marlene Brooks - Community Support Services Orillia - 20 years
Jennifer Robertson - Accommodations Orillia - 20 years
Karen McNeil - Accommodations Orillia - 20 years

People realize personal goals

Outcome -

Margaret Johnson - Accommodations Orillia - Retired after more than 15 years
Christine Lachapelle - Accommodations Orillia - 15 years
Iyabo Akande - Accommodations Barrie - 10 years
Rod Damery - Accommodations Orillia - 10 years
Melina McKay - Administration - 10 years
Kevin Nadon - Operations - Property - 10 years
David Williams - Accommodations Barrie - 10 years
Amanda Garnett - Community Support Services Barrie - 10 years
Russ Bailey - Accommodations Orillia - 5 years

SCS HEALTH & WELLNESS

A Commitment to Health and Wellness at work



Simcoe Community Services is pleased to announce the formation of a new Healthy Workplace Committee. Its purpose is to bring together a group of employees from all areas of the agency who will commit to reviewing the health & wellness within our workplace and strive to create plans and strategies that will assist all employees to improve their own individual health & wellness.

Please join The Spark in welcoming the following Healthy Workplace Committee members:

Jamie Ellis – Family Services
Jamie Hall – Stakeholder Relations
Michelle Hann – Central Records, Operations
Karen MacDonald – Infant Development

Katherine Harris - Supervisor, Accommodations Barrie

Kim Stephens – Human Resources

Elizabeth Oliver - Supervisor, Accommodations Orillia

Krista Telford – Accommodations Orillia

Angela Valyear – Accommodations Barrie

Dawn Theriault - CSS (Barrie & Orillia)

Brittney Windatt – Human Resources

Sharon Knoblauch (chair) - Human Resources



Now for the fun part. Your new Healthy Workplace Committee asks you this question: **How** personally could Simcoe Community Services support you to improve your health and wellness within and outside of work?

Please submit your answers to myhealthyworkplace@simcoecommunityservices.ca by Wednesday March 15th.

Each individual that responds to this question will have their name entered in a draw for a Fitbit. Good luck!

The committee will be reviewing and summarizing the responses to determine the best plans and strategies that would lead us to improved health and wellness for all Simcoe Community Services employees.



Your Simcoe Community Services Healthy Workplace Committee looks forward to your responses and thanks you for your participation.



Outcome - People have the best possible health

The Stuff That Dreams Are Made Of



Go to bed and get up at the same time every day.

A predictable schedule sets your body's "internal clock" to expect to sleep at a certain time each night.



Limit electronics at bedtime.

Electronics like computer screens, smartphones, and tablets emit blue light, which has been found to disrupt sleep. Have a last check-in or look. Then turn your devices off and don't bring them to bed.



Create a sleep routine.

Ease the transition to sleep with relaxing activities beginning an hour or so before bedtime. Take a bath. Do some light reading. Also be sure your bedroom is cool, dark, and quiet.



Deal with stressful tasks earlier in the day or evening.

It may be harder to relax and go to sleep if you do demanding tasks like paying bills just before bedtime.



Limit food and drink that may keep you awake.

Limit caffeine, alcohol, and nicotine when it's close to bedtime. Avoid all caffeine 4 to 6 hours before you want to fall asleep.



Outcome - People have the best possible health

Career Opportunities

Established in 1953, **Simcoe Community Services** now employs over 550 full-time and part-time staff in a wide range of programs and services, making it one of the largest employers in Simcoe County. Services are offered in Barrie, Orillia, Bradford, and surrounding Townships.

Simcoe Community Services is a respectful, caring and inclusive workspace. By embracing diversity, we gain strength through our people and our perspectives.

Join Our Team. If you wish to be a part of this great organization, that believes in team work and individual growth, <u>you'll find it here</u>. Applications can be delivered via mail, email or in person.



FOUNDATION UPDATE





Tickets available now

Get your tickets now for the 22nd Annual Celebrating Community Champions Fashion Show and Silent Auction taking place April 20th at Mavrick's Music Hall, 46 Dunlop Street West, Barrie. Tickets are available **on-line here**, at 39 Fraser Court in Barrie, or 35 West Street in Orillia.

Doors open at 6pm. Fashion Show starts at 7pm. Appetizers and desserts are included in the ticket price.

Proceeds go towards enhancing the lives and making dreams come true for people supported by Simcoe Community Services.



Simcoe Community Services

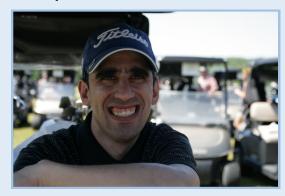
Time to Start Thinking About Golf

Save the date!

22nd Annual Simcoe Community Services Golf Tournament
Hawk Ridge Golf and Country Club

We hope you will join us for another fantastic day of golf at our 22nd Annual Tournament on June 16th. Your support will mean the world to local youth with an intellectual disability that need your help.





For sponsorship inquiries, contact Jamie Hall at jhall@simcoecommunityservices.ca (705) 726-9082 ext. 5280

Simcoe Community Services Foundation raises funds to significantly improve the day to day quality of life for people with intellectual disabilities. For more information and to discuss additional ways to contribute, please contact Jamie Hall at (705) 726-9082 ext. 5280, or at **communications@simcoecommunityservices.ca**.





Mission Statement

We support people of all ages and abilities to realize their full potential and to enhance their quality of life.

As a community, not-for-profit, multi-service organization we provide:

- Services for children and adults with intellectual disabilities and their families;
- Programs that promote the healthy development of children of all abilities;
- Services that respond to community needs.

Simcoe Community Services Board of Directors

David Barber- *President*Bob Kennedy - *Treasurer*Jim McNamara - *Vice President*Stewart McNeely - *Officer*

Tom Aikins - Member
Paul Hunter - Member
Valerie Scott - Member
Miriam Villamil-Pallister - Member
Deborah Wall-Armstrong - Member
Mitch Whyne - Member

Bill Silk - Chief Executive Officer







Raising funds to improve the quality of life for people with intellectual disabilities

Simcoe Community Services Foundation Board of Trustees

Ron Ptasiuk - President Karl Cadera - Trustee Victoria Skinner-Ptasiuk - Trustee Valerie Scott - Trustee Miriam Villamil-Pallister - Trustee

When you make a financial contribution to the Simcoe Community Services Foundation you will make a difference in the lives of those you care about today and in the years to come. Consider making your donation today. For more information and/or to make a donation, please contact the Simcoe Community Services Foundation at (705) 726-9082.

The Spark promotes acceptance of people with different abilities in our community. We celebrate successes and embrace new ideas, approaches and opportunities.

Editorial team: SCS Stakeholder Relations Manager Jamie Hall, Robyn Pugsley and Vanessa Ellerton.

Have a comment, question or story idea? Contact: Jamie at (705) 726-9082 ext. 5280, or at communications@simcoecommunityservices.ca