BABY BYTES

For families with infants and young children

Child Proofing

It is important to baby proof your home before your baby arrives. This should be continually modified as your baby’s development changes. Never underestimate the curiosity of a child. Infants enjoy exploring and as they become more mobile they are able to find new dangers. Most accidents are avoidable.

DID YOU KNOW???

- Children, from birth to age five are more likely to be injured in the home than anywhere else.
- Falls are the most likely cause of injuries in the home.
- 83% of all scald injuries requiring hospital admission happen to young children under the age of five.
- Anything small enough to fit inside a cardboard paper roll should be kept out of reach of a toddler.
- The most common “poisons” that children get into are cold/cough medicines, pain and fever medicine, plants and household cleaners.

Sources: BC Centre for Disease Control
www.safekidscanada.ca
CHILDPROOFING TIPS

- Post your poison control centre’s number where it is visible
- Cover all electrical plugs with safety socket covers

- Turn down your hot water tank
- Keep plastic bags, balloons and plastic wrappers out of reach of your child
- Never leave electrical appliances, like irons, turned on when you leave the room
- Some household plants are poisonous, be sure to keep them out of reach
- Keep dangerous substances out of reach, such as laundry supplies, cleaners, medications, bug sprays, alcoholic beverages and garden fertilizers
- Pad the sharp edges of furniture, such as coffee and end tables
- Properly install a baby gate at all stairways
- Keep your child away from hot liquids, such as tea, coffee, soup and hot tap water
- Keep nuts, carrots, popcorn and hot dogs away from children until they are at least 3 years old

Post these important numbers near your phone
Poison Information Centre 1-800-268-9017
Ambulance 9-1-1
Police 9-1-1
Fire 9-1-1
Simcoe Muskoka District Public Health Unit 1-877-721-7520
Royal Victoria Regional Health Centre (Barrie) 705-728-9802
Huronia District Hospital (Midland) 705-526-3751
Penetanguishene General Hospital 705-549-7431
Soldiers’ Memorial Hospital (Orillia) 705-325-2201
Stevenson Memorial Hospital (Alliston) 705-435-6281
General and Marine Hospital (Collingwood) 705-445-2550
Transport Canada Car Seat Safety 1-800-333-0371
Hospital for Sick Kids 416-813-1500
Telehealth Ontario info line 1-866-797-0000