Simcoe Community Services
For people with intellectual disabilities

Get O.U.T.

Orillia Ultimate Thursdays!

For more information or to reserve your spot at any Get OUT event please call or e-mail

Sonia Lauzon at 705-327-5391 extension 3266 or slauzon@simcoecommunityservices.ca

Events are open to ALL high school students - this symbol indicates the location of the event is accessible - please bring exact change to each event

- March -

Orillia Youth Centre **Thursday March 2nd** **6:00pm-8:00pm** **FREE!** **9 Front St S, Orillia**	**Bowling at Orillia Bowl** **Thursday March 9th** **5:30pm-7:00pm** **$12.00** **285 Memorial Avenue, Orillia**	**MARCH BREAK YOUTH REATREAT** **Wed 15th-Fri 17th** **Geneva Park, Orillia**	**Music Workshop with Big Brothers/Big Sisters** **Thursday March 23rd** **6:00pm-8:00pm** **$3.00** **17 Colborne St E, Orillia**	**Yoga at Kind Living** **Thursday March 30th** **6:30pm-8:00pm** **$12.00** **178 Jarvis Street, Orillia**
Tonight is GAMES NIGHT! Join your friends at the Orillia Youth Centre for a fun -filled evening of activities. The centre has games, crafts, air hockey and pool tables all for you to enjoy! Orillia Youth Centre Shaping the future today	STRIKE! Tonight we will meet at Orillia Bowl for a fun filled game of bowling. Please note that the cost of the event includes the shoe rental (remember to wear/ bring socks). Feel free to bring extra money if you choose to purchase a snack.	This week we are away at our March Break Youth Retreat! Make sure to get your registration forms in! You are not going to want to miss out on this incredible event, see you there!! YOUth POWER	Let your musical side shine! Tonight we are going to learn from our friends at Big Brothers Big Sisters how to play different instruments. A snack will be served tonight ***There are only 10 spots available for this event** **PLEASE RSVP BY MON MARCH 13TH**	After a month filled with energizing activities tonight we are going to slow down and relax with a yoga class. Please wear comfortable clothing and be prepared for a gentle exercise. ***Please bring a water bottle for tonight's class** ***The class will be for one hour from 6:45pm-7:45pm**

Simcoe Community Services' Youth Programs

Simcoe Community Services' Youth Programs promote the inclusion of all youth regardless of abilities in both their school and in their community. Youth programs are open to ALL high-school aged youth. These opportunities include Wednesday Evening Bash or WEB, Orillia Ultimate Thursday or Get OUT, Youth in Action summer program, and the March Break Youth Retreat. We also partner with high schools and community agencies to promote and develop inclusive opportunities for all youth. Each event is supported by Simcoe Community Services' staff and volunteers.

For more information regarding any of these programs, or to volunteer please contact:

Sonia Lauzon

Orillia Youth Worker

705-327-5391 extension 3266 or,

slauzon@simcoecommunityservices.ca

Or visit www.simcoecommunityservices.ca and look under the 'Family Services' link to find the Youth Program

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